

Positive Eating Program: An Approach for Children with Feeding Challenges

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1. What is ARFID?

2. What I need to know about ICD-10 diagnosis code (Pediatric Feeding Disorder)?

3. How do feeding disorders impact a child?

Fill in the Blank:

Feeding disorders places children at risk for _____ further impacting _____ and _____.

Feeding disorder impacts _____ and _____.

Feeding disorders causes _____ and challenging _____.

Feeding disorder impacts _____ and _____.

Feeding disorders affect the _____ family.

4. Resources for typical feeding development

5. Positive Eating program (PEP) is

6. PEP ingredients:

1. Food _____
2. Sensory _____ exploration
3. Sensory _____
4. Positive _____ tries
5. Generalization to _____, _____, and

6. Anxiety and Behavior Impact:

7. PEP evaluations (follow the ingredients above)

a. Case history

Why?

How?

b. Food vocabulary

Why?

How?

c. Sensory acceptance

Why?

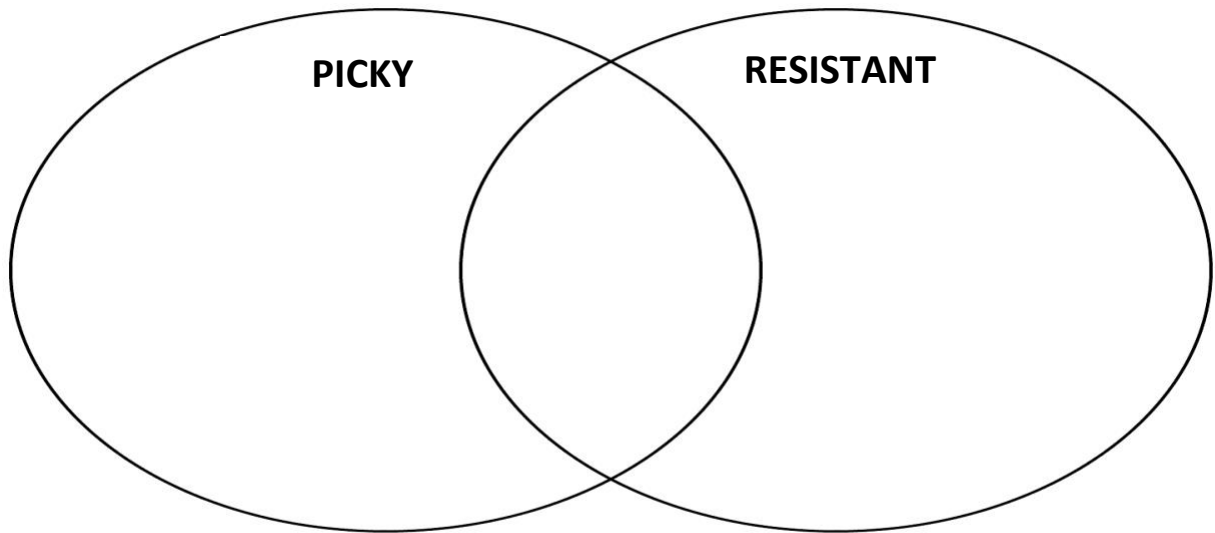
How?

d. Food tries: level of anxiety, novel food, preferred food, mealtime behaviors

Why?

How?

8. Is it Picky or Resistant?



9. Food Selection is based on:

- a. _____
- b. _____
- c. _____
- d. _____
- e. _____

10. PEP treatment approach (What a picture can teach us?)

- a. **Strategies to increase food awareness**

Comment on picture(s):

b. Strategies to increase non-food sensory acceptance

Comment on picture(s):

c. Strategies to increase food sensory acceptance

Comment on picture(s):

d. Strategies to engage in positive food tries include:

- Visual supports
- Food chaining
- Reduce anxiety
- Address challenging behaviors

Comment on picture(s):

PEP Guided Observations:

Brandon:

Timothy:

Trinity:

Bentley: